مدينة الشيخ خليفة الطبية

MRN: SK01-099-211 Inpatient Acute Care
AMER, SALAMA NASSER OMAR ALI
DOB: 18/02/2019 2M F NON
Dr: Al Taie , Shatha
Health #:
Location: SK Ward 21A Pediatrics
FIN: 012-900-421 Reg. Date: 23/04/19

# MEDICAL EVALUATION

**DATE:** 24 April 2019

**This report is dictated at the request of the patient's family.**

## DIAGNOSES

1. Down syndrome.
2. Hypotonia.
3. Dysphagia, episodes of choking with oral feeds.
4. Failed SLP assessment.
5. Nasogastric tube feeding.

## HISTORY

Salama is a 2-month-old child with a diagnosis of Down syndrome. Salama underwent speech and language pathology assessment to rule out aspiration of her feeds on 25 March 2019. The study revealed multiple episodes of laryngeal penetration and also silent aspiration. Mother was instructed to start NG feedings but mother was reluctant and she wanted to observe her for few more days.

She was brought to the Pediatric Clinic yesterday and the mother mentioned that Salama continues to have choking episodes and coughing with feeds. She was admitted to the Pediatrics Ward yesterday for NG tube insertion and initiation of NG tube feeds and training to the family.

## PHYSICAL EXAMINATION

Her weight is 4.605 kg. Salama has features of Down syndrome including hypotonia.

There is a very mild soft systolic murmur. The rest of the physical examination is normal.

## INVESTIGATIONS

Echocardiography was done on 03 March 2019 which revealed a small PDA. Salama also had ophthalmologic evaluation on 26 March 2019 which showed hypermetropia, otherwise, normal eye examination.



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# MEDICAL EVALUATION

## SUMMARY AND RECOMMENDATION

Salama is a 2-month-old girl with the diagnosis of Down syndrome. She was found to have difficulties with feedings in the form of choking and coughing with feeds. SLP assessment done about a month ago confirmed that she had multiple episodes of laryngeal penetration and silent aspiration. Currently she is admitted to the Pediatrics Ward for insertion and initiation of NG tube feedings.

Salama will continue to be fed through the NG tube and nothing by mouth.

I recommend that Salama gets 24 hour home nurse who can feed her through the NG tube feeds.

Her current feeding regimen is as follows: Aptamil formula at 120 ml every three hours, four feeds per day. In addition she will continue on continuous feeds from 10 pm until 6 am at the rate of 30 ml per hour.

Since Salama has Down syndrome and hypotonia. I also recommend that Salama gets home physiotherapy, at least once per week. This is to improve her motor skills and to help her achieve normal milestones.

Dr. Bilal Mohammad
Consultant Physician
GD10487

Bilal Mohammad, MBBS, MD, ABP
Consultant, General Pediatrics

Release of information
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